

*determination used in caring for something so precious. His sacrifice and faithfulness plucked a string in your heart. He went on to share how the young sapling began to grow and the priority he placed on it to ensure its survival at such a tender and vulnerable stage. Twang. And now, after all his hard work, here stands his beautiful seed- a mature tree providing good fruit for any who would like some. You shake his hand and thank him, excuse yourself and head straight for the dark, safe, forgotten place on your counter.*

Which areas of your life do you need transformation in?

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Having a daily action plan, such as a calendar or phone reminders, is a great way to keep you moving toward the desired transformation. Some days you will not feel like doing anything, but if you stick to your action plan, you will be amazed at how quickly the process becomes second nature. It will not be long before others begin to look at you as that transformed being, rather than see you as you once were, as you continue to fight daily to live out your transformed life.

*Fight the good fight of faith; take hold of the eternal life to which you were called, and you made the good confession in the presence of many witnesses. 1 Timothy 6:12*

Personal growth and development is a key component to the transformation process. Though there are numerous great teachings and teachers, John Maxwell has dedicated his life to helping others move through this very process. He challenges his readers with this question: *How can I grow more to give more?* We cannot give to others what we do not have. If we want to be hope for others, we must have a better hope to give. If we desire to help those who are grieving, we must possess the necessary skills which will walk them successfully through that process. We then should challenge ourselves daily with that very question: Today, how can I grow more to give more? Adding this to your daily action plan will keep the concept fresh and new every day.

### **Law of Regret**

We all have events we would like to change in our past. Specific moments which haunt us and keep us whispering, "If only I would have..." We often torment ourselves to the point of distraction as we relive those events over and over, wishing for a different action on our part. The law of regret is born out fear, which keeps us from taking action. How would the events have changed or lives been impacted if we were not paralyzed by fear and seized the opportunity or stood up for what was right in the face of ridicule and shame? Who would have been impacted for the better, inspired, blessed or transformed?