

*ever hear about those who mentored, nurtured and guided Mother Theresa? Or those who planted the poisonous seeds of hatred, false ideologies, thoughts and ideas within Adolf Hitler? Though we may never know their names, they had an undeniable influence upon the world which we know today; do not ever discount yours!*

One seriously grave mistake many of us make is that we allow our feelings to dictate how we view our identity. It is crucial for you to understand that your identity does not line up with your feelings, rather your feelings must line up with your identity. We too often live on a roller coaster of emotional highs and lows that have us believe our true identity one day and a false one the next. We become powerless, frozen and uncertain when we choose to live in this constant state of double-mindedness. Only when you place greater importance on the truth of who God says you are, instead of what others have said or previous lies you have believed, will a solid, unshakeable and determined resolve emerge, allowing you to blaze forward along your path of life.

What do I currently believe about myself?

---

---

What is holding me back?

---

---

### **Created Identity**

Unfortunately, most of us have been living with a false or created identity, which, if we are honest with ourselves, has left us feeling incomplete; as if something has been missing. Well, you are correct, something has been missing: you! Too often we settle for less rather than following what our heart cries out for.

For some of us, we do not know exactly why we believe what we do about ourselves, while others know the exact moment when that belief was planted in their heart and mind. Too many times we sabotage ourselves by planting our own destructive seeds of inadequacy, self-image or value when we allow comparison to make us feel less than, not good enough or incapable. We have been raised, and are raising our children, to be defined and characterized by performance, accomplishments and job titles. These trifles do not make up our identity, nor were they ever meant to; you are so much more than a job title, grand accomplishment or talented ability. No trophy, plaque or medal will ever come